



6th
JUNE 17-18, 2021
GIRONA

International Conference on Salutogenesis

Advancing Salutogenesis towards thriving societies

PROGRAMME | THURSDAY, JUNE 17

09:00 Welcome - Setting the stage: Georg Bauer, Lenneke Vaandrager (**Plenary**)

09:25 Advancing the salutogenic model of health – Warming up with workshops

- How to conceptualize “health” for salutogenesis? - Aaron Antonovsky & beyond! (Jürgen Pelikan)(Workshop)
- Towards a completed theory of salutogenesis: from surviving to thriving (Georg Bauer) (Workshop)
- Specific resistance resources: still just a matter of chance and luck as Antonovsky lamented, or the defining feature of health promotion? (Marguerite Daniel) (Workshop)
- Agency: the hidden dimension of the salutogenic model (Gwendolijn Boonekamp) (Workshop)
- A systemic dynamic model of healthy self-regulation (Theodor Petzold) (Workshop)

10:40 COFFEE BREAK (30')

11:10 Plenary Dialogue – ways forward: **Advancing the salutogenic model of health**

Moderator: Avishai Antonovsky

Dialogue Partners: Jürgen Pelikan, Georg Bauer, Marguerite Daniel, Gwendolijn Boonekamp, Theodor Petzold

12:30 LUNCH

13:25 Poster Session & Market Place

- Salutogenesis: Conceptual developments (poster session)
- Salutogenic interventions in diverse settings I (poster session)
- Salutogenesis and mental health in times of COVID (poster session)

14:00: Stories about Aaron Antonovsky - the original author of Salutogenesis (Plenary)

Presented by: Avishai Antonovsky, Shifra Shagy

14:30 Advancing the concept of Sense of Coherence SoC

- Advancing the concept of SoC (Oral session)
- Advancing the measurement of SoC (Oral session)
- Emerging empirical findings related to SoC (Oral session)
- Sense of coherence and COVID-19 (Oral session)
- Order out of chaos: Salutogenesis in a global pandemic, an international research project (Symposium)
- The Sense for Coherence: towards a new concept in the theory of salutogenesis (Claudia Meier Magistretti) (Workshop)
- The salutogenic model of learning of the European Training Consortium Public Health & Health Promotion (Anna Bonmatí Tomàs) (Workshop)

15:45 COFFEE BREAK (45')

16:15 Plenary Dialogue – ways forward: **Advancing the concept of Sense of Coherence SoC**

Moderator: Pauline Bakibinga

Dialogue Partners: Sylvia Broetje, Claude-Helene Mayer, Shauna Rohner, Shifra Sagy, Claudia Meier Magistretti

17:30 Winding down: Format will follow



PROGRAMME | FRIDAY, JUNE 18

09:00 Salutogenic interventions and change processes

- Participatory and nature-based salutogenic interventions (Oral session)
- Empowerment-oriented salutogenic interventions (Oral session)
- Salutogenic interventions in health care settings (Oral session)
- Multilevel salutogenic interventions (Oral session)
- Digital salutogenic interventions (Oral session)
- Crafting of Work and Nonwork Life as Proactive Salutogenic Strategy for Surviving and Thriving (Symposium)
- Salutogenic intervention for enabling healthy eating in adults with type 2 diabetes (Kristel Polhuis) (Workshop)

10:15 COFFEE BREAK (30')

10:45 Plenary Dialogue - ways forward: **Salutogenic interventions & change processes**

Moderator: Lenneke Vaandrager

Dialogue Partners: Jessica de Bloom, Eva Langeland, Ruca Maass, Laura Bouwman, Shefaly Shorey

12:00 LUNCH

12:55 Poster Session & Market Place

- SoC & health: empirical studies
- Salutogenic interventions in diverse settings II (poster session)
- Salutogenesis in health care (poster session)

13:30 Salutogenesis beyond the health sector

- Salutogenesis in schools and other educational settings (Oral session)
- Salutogenesis in different settings (Oral session)
- Salutogenesis & mental health (Oral session)
- Salutogenesis in times of COVID-19 (Oral session)
- Salutogenesis applied to organizations (Gregor Jenny) (Workshop)
- Salutogenesis and Migration (Marguerite Daniel) (Workshop)
- People-planet-health: Glocal participation in salutogenic policy development (Claudia Meier Magistretti) (Workshop)

14:45 COFFEE BREAK (30')

15:15 Plenary Dialogue – ways forward: **Salutogenesis beyond the health sector**

Moderator: Mathieu Roy

Dialogue Partners: Patrizia Garista, Gregor Jenny, Shifra Sagy, NN

16:30 Closing the stage: **Future research and practice in Salutogenesis incl. collaborations (Plenary)**

Georg Bauer, Lenneke Vaandrager

17:00 END